

Postop Baclofen Pump - Nursing Care Plan

1. Temp Q shift & prn (if temp > 38 c, notify physician)
2. "SPINAL HEADACHE" OR LUMBAR PUNCTURE may occur 24 hrs to 2 weeks due spinal fluid leaking around the catheter site in lumbar area.
 - To prevent "spinal headaches", rest post op with head down. Headaches will occur when sitting up. First 3 days post op elevate head for meals only. Up as tolerated.
 - Lay down when spinal headache occurs.!!
 - If headache persistent over 48hrs notify baclofen clinic or physician.
 - If headache continues after laying down and/or a fever occurs, immediately notify clinic .- possible bacterial meningitis.
 - Observe for signs of bacterial meningitis
 - Observe for any wound infection, Notify clinic or surgeon immediately, if any drainage from lumbar site.
3. Check both wound sites q 8 hrs (back and abdomen sites) for drainage. REPORT ANY DRAINAGE TO CLINIC.
- 4.
5. Change initial dressing 3rd post-op day, and then every third day. Notify clinic/ physician if sites are red, swollen, suspect an infection, or any drainage.
6. Wear ABD, Binder X 24 hrs. for 2 weeks. Limit twisting and excessive bending for 6 weeks post op.
Loosen binder q 8 hrs X 20-25 mins., preferably when lying or resting in bed.
7. Sponge bath only for 2 weeks (keep both dressing dry – lumbar/abd sites)
No bath or shower until clinic/physician gives permission.
6. No excessive bending at the waist greater than 90 degrees or excessive twisting for 6 weeks post op.
7. Observe for 3 pump symptoms: if any symptoms noted, please notify clinic/ physician.

(A) Possible Overdose - CNS depression

- drowsiness
- lightheadedness
- progressive weakness in upper limbs
- decrease in breathing
- coma
- hypotension

C) Bacterial Meningitis

- temp 38C or >
- persistent headaches
- stiff neck
- sensitivity to light
- nausea and/or vomiting

(B) Possible withdrawal

- sudden onset of pain/spasms
- severe headaches
- disoriented/ confused
- seizures
- itchy prickly skin
- tachycardia

D) Wound Management

- redness, swelling and/or drainage from the lumbar or abdomen site.
- Notify the clinic ASAP or surgeon, or go to VGH ER.

Surgeon:..... **Office:**.....

Baclofen Clinic at GF Strong Rehab. (Monday – Friday, 7am – 3pm)
604-734-1313 x 2193

AFTER CLINICAL HOURS, Please call the GFS physician on call to assist you with your pump system @ VGH – 604-875-4111.